

2018 6A North Region D Indoor Championship - 2/12/2018 to 2/14/2018
Hosted By Osborn Park High School
PG County Sportsplex
Performance List

Event 1 Women High Jump (20)**Opening HT: 4-08.00****Progression: 4-08 - 4-10 - 5-00 - 5-02 then 1"****5 Alive when 9 competitors remain in the field**

Meet Rec:	5-09	2/26/2005	Ashley Haislip
Name	School	Seed	Mark
1	Banks, Sydney	Osborn Park	5-09.00
2	Tvedt, JaneAnne	McLean	5-06.00
3	Bacon, Cecelia	Chantilly	5-04.00
4	Smith, Ashley	Osborn Park	5-02.00
5	Turner, Jalah	Battlefield	5-00.00
6	Hecker, Maddy	McLean	5-00.00
7	Solarin, Tobi	Osborn	5-00.00
8	Allamby, Josephine	Chantilly	5-00.00
9	Van Haaren, Samantha	South Lakes	5-00.00
10	Anderson, Maddy	McLean	5-00.00
11	Richardson, Hannah	Langley	4-10.00
12	Tinsley, Yasmeeen	Washington-L	4-10.00
13	Smith, Rayna	Battlefield	4-10.00
14	Markley, Kayla	James Madiso	4-10.00
15	Keys, Caroline	Langley	4-10.00
16	Rayle, Aly	South Lakes	4-10.00
17	Alderman, Haley	Chantilly	4-08.00
18	Demby, Justice	Patriot High	4-06.00
19	Mullings, Juvianadean	Oakton	4-02.00
20	French, Katherine	Centreville	4-02.00

Event 2 Men High Jump (17)**Opening HT: 5-06.00****Progression: 5-06 - 5-08 - 5-10 - 6-00 - 6-02 then 1"****5 Alive when 9 competitors remain in the field**

Meet Rec:	6-10	1996	Doug Humphrey
Name	School	Seed	Mark
1	Edgington, Cameron	Langley	5-10.00
2	Dennis, Izayah	Battlefield	5-10.00
3	Forbes, Nathan	Battlefield	5-10.00
4	Keys, Jim	Langley	5-08.00
5	Heiyne, Derek	Centreville	5-08.00
6	Mohamed, Hathem	South Lakes	5-08.00
7	McKnight, Matthew	Washington-L	5-08.00
8	Brown, Eric	Patriot High	5-08.00
9	Blanco, Elmer	Osborn	5-08.00
10	Bliss, Aidan	Chantilly	5-08.00
11	Nzamba, Caelan	South Lakes	5-06.00
12	Woodley, Bizzet	Westfield	5-06.00
13	Wilson, Matthew	Patriot High	5-06.00
14	Anderson, Paul	Centreville	5-06.00
15	Abdulrahman, Mohammad	Herndon	5-06.00
16	Brown, Davonte	Chantilly	5-06.00
17	Wilson, Marcus	Patriot High	5-04.00

Event 3 Women Pole Vault (15)**Opening HT: 7-09.00****Progression: 7-09 - 8-03 - 8-09 - 9-00- 9-03 then 3"****5 Alive when 9 competitors remain in the field**

Meet Rec:	12-02	2/15/2017	Emily Harrison
Name	School	Seed	Mark
1	Richardson, Hannah	Langley	10-09.00
2	Anderson, Lauren	Westfield	10-06.00
3	Boodhoo, Destiny	Osborn Park	10-00.00
4	Wen, Amy	Langley	9-06.00
5	Keys, Caroline	Langley	8-09.00
6	Zhang, Ashley	Langley	8-06.00
7	Abbey, Olivia	South Lakes	7-09.00
8	Pullen, Margaret	Osborn Park	7-06.00
9	Russell, Celena	Battlefield	7-06.00
10	Shapiro, Molly	South Lakes	7-03.00
11	Allamby, Josephine	Chantilly	7-00.00
12	Karas, Hannah	Battlefield	7-00.00
13	Hecker, Maddy	McLean	6-09.00
14	Aronhime, Caroline	Chantilly	6-06.00
15	Fortney, Brittany	Battlefield	6-06.00

Event 4 Men Pole Vault (19)**Opening HT: 11-00.00****Progression: 11-00 - 11-06 - 12-00 - 12-06 -12-09 then 3"****5 Alive when 9 competitors remain in the field**

Meet Rec:	15-00	2/21/2009	Wesley Sun
Name	School	Seed	Mark
1	Westerfield, Jacob	Battlefield	14-06.00
2	Buckley, Casey	Westfield	13-06.00
3	Keys, Jim	Langley	13-06.00
4	Collins, Matt	Battlefield	13-06.00
5	Cherry, Ryan	Oakton	13-03.00
6	Prue, Dakota	Battlefield	13-00.00
7	Lynch, Tyler	Battlefield	13-00.00
8	Surratt, Alex	Langley	12-00.00
9	Hao, Camden	Langley	12-00.00
10	Levy-Myers, Asher	South Lakes	11-09.00
11	Kang, Joseph	Battlefield	11-06.00
12	Faroun, Ammar	South Lakes	11-06.00
13	Gustafson, Harry	Oakton	11-00.00
14	Tsai, Eric	Chantilly	11-00.00
15	Tran, Alex	Herndon	11-00.00
16	Miner, Thomas	Langley	11-00.00
17	Laquindanum, Mikko	South Lakes	11-00.00
18	Scott, Nicholas	Oakton	10-06.00
19	Luy, Justin	Chantilly	10-00.00

Event 5 Women Long Jump (19)**(3) Attempts in the Trials; Top (9) advance to the Finals**

Meet Rec:	19-05.50	2/27/1999	Yolanda Thompson
Name	School	Seed	Mark
1	Reynolds, Skyler	Osborn Park	19-00.50
2	Ogawa, Megan	Osborn Park	18-03.00

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Event 5 ... (Women Long Jump (19))

Name	School	Seed Mark
3 Waller, Hannah	South Lakes	18-00.00
4 Brown, Kelsey	Battlefield	16-08.50
5 Seetoo, Emma	Westfield	16-07.75
6 Stevenson, Keanna M	George C. Ma	16-07.00
7 Brascia, Samantha	Langley	16-05.75
8 Han, Alice	Chantilly	16-04.50
9 Alderman, Haley	Chantilly	16-02.75
10 Demby, Justice	Patriot High	15-08.50
11 Medicherla, Katy	McLean	15-05.25
12 Colley, Jordan	Osborn Park	15-04.75
13 Kula Mcgough, Ro	Washington-L	15-03.25
14 Babende, Tatiana	Battlefield	15-02.50
15 Sullivan, Shannon	James Madiso	15-02.25
16 Futa, Eliza	Centreville	14-11.00
17 Deeken, Genevieve	McLean	14-10.75
18 Eaton, Amaya	Chantilly	14-10.75
19 Alleyne, Kristen	Washington-L	14-04.00

Event 6 Men Long Jump (18)**(3) Attempts in the Trials; Top (9) advance to the Finals**

Meet Rec: 23-08.50 2/21/1998 Brandon Royster		
Name	School	Seed Mark
1 Billak, Caden	Centreville	23-02.00
2 Walker, Trevor	Battlefield	22-06.00
3 Washington, Jordan	Battlefield	22-00.00
4 Dennis, Izayah	Battlefield	21-00.00
5 Christensen, Colin	Battlefield	20-08.50
6 Jones, Stephen	South Lakes	20-08.00
7 Marcelle, Jahmia	Patriot High	20-03.50
8 Manilli, John	Patriot High	19-11.00
9 Abdulrahman, Mohammad	Herndon	19-10.50
10 Cheng, Kevin	Langley	19-10.50
11 Akines, Elijah	Westfield	19-04.00
12 Reiser, Jordan	Centreville	19-02.50
13 Bernhard, Zach	Oakton	19-01.00
14 Heiyne, Derek	Centreville	19-00.75
15 Rubin, Matt	Langley	18-10.00
16 Phan, Tobey	Chantilly	18-04.50
17 Faroun, Ammar	South Lakes	17-11.75
18 Ray, Phillip	Washington-L	17-06.75

Event 7 Women Triple Jump (17)**(3) Attempts in the Trials; Top (9) advance to the Finals**

Meet Rec: 41-00.25 2/21/1998 Yolanda Thompson		
Name	School	Seed Mark
1 Bacon, Cecelia	Chantilly	36-07.00
2 Tvedt, JaneAnne	McLean	35-11.75
3 Ogawa, Megan	Osborn Park	35-07.50
4 Brascia, Samantha	Langley	35-04.00
5 Stewart, Rebecca	Washington-L	34-10.50
6 Eaton, Amaya	Chantilly	34-07.00
7 Medicherla, Katy	McLean	34-01.00
8 Babende, Tatiana	Battlefield	32-11.00

9 Rayle, Aly	South Lakes	32-03.50
10 Turner, Jalah	Battlefield	31-11.00
11 Colley, Jordan	Osborn Park	31-10.00
12 Honse, Brianna	Battlefield	31-04.50
13 Williams, Kristen	South Lakes	31-03.75
14 Colsia, Caitlin	Battlefield	31-03.00
15 Ramey, Abigail	James Madiso	31-02.75
16 Sullivan, Shannon	James Madiso	29-11.00
17 Chen, Erica	Westfield	27-08.25

Event 8 Men Triple Jump (18)**(3) Attempts in the Trials; Top (9) advance to the Finals**

Meet Rec: 49-04.50 1987 Cornell Grayson		
Name	School	Seed Mark
1 Walker, Trevor	Battlefield	44-10.00
2 Sutton, Zachary	Langley	42-07.75
3 Dennis, Izayah	Battlefield	42-06.00
4 Christensen, Colin	Battlefield	42-01.00
5 Billak, Caden	Centreville	41-11.75
6 Beckett, Galen	Battlefield	41-02.50
7 Maggio, Anthony	James Madiso	41-00.00
8 Jones, Stephen	South Lakes	40-11.00
9 Keys, Jim	Langley	40-00.00
10 Phan, Tobey	Chantilly	39-06.75
11 Adam, Braden	Herndon	39-05.50
12 Ibadin, Oserman	Centreville	38-06.00
13 Linares-Rivera, Edwin	Stonewall Ja	38-06.00
14 Nzamba, Caelan	South Lakes	38-04.75
15 Malouche, Aziz	McLean	38-02.25
16 Le, Ian	Westfield	38-02.00
17 Manilli, John	Patriot High	38-00.00
18 Bala, Sagar	Oakton	37-11.25

Event 9 Women Shot Put (21)**(3) Attempts in the Trials; Top (9) advance to the Finals**

Meet Rec: 45-04.50 2/18/2016 Maria Muzzio		
Name	School	Seed Mark
1 Ball, Destiny	Battlefield	42-03.00
2 Thrasher, Tayelor	Westfield	40-08.75
3 Richards, Jamie	South Lakes	36-06.50
4 Stuart, Delaney E	George C. Ma	36-01.00
5 Nichols, Zoey	Battlefield	35-10.00
6 Antwi, Barbara	Osborn Park	35-03.00
7 Carlisle, Alexa	Chantilly	33-03.00
8 Fort, Brittany	Battlefield	33-01.00
9 Anonyuo, Nonnie	Patriot High	32-02.00
10 Allison, Megan	South Lakes	31-01.00
11 Cressey, Katherine	Yorktown	30-11.00
12 Kloster, Olivia	McLean	30-09.00
13 Sloan, Trinity	Battlefield	30-02.50
14 Tran, Madeline	Langley	28-11.50
15 Bolinger, Abigail	James Madiso	28-02.00
16 Bestwick, Natalie	Herndon	28-02.00
17 Schmitz, Audrey	Oakton	26-09.50
18 Labar, Amelia	Chantilly	26-01.50

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Event 9 ... (Women Shot Put (21))

Name	School	Seed Mark
19 Guliyeva, Turbat	George C. Ma	25-03.75
20 D'Imperio, Lindsay	Chantilly	25-03.00
21 Wan, Annaliese	George C. Ma	24-07.25

Event 10 Men Shot Put (19)**(3) Attempts in the Trials; Top (9) advance to the Finals**

Meet Rec: 60-09.50 2/22/2003 Steve Huntzinger

Name	School	Seed Mark
1 Bennett, Jabari	Washington-L	62-02.00
2 Cuthill, Ronak	South Lakes	51-07.50
3 Gross, Garsen	Osborn Park	50-10.00
4 Smith, Derek	Patriot High	47-01.00
5 Thomas, Gavin	Centreville	44-07.75
6 Birge, Tyler	Patriot High	44-01.50
7 Kolling, Nathan	Herndon	43-05.00
8 Miller, Caleb	South Lakes	42-07.00
9 Delgado, Andrew	South Lakes	40-08.00
10 Sutton, Zachary	Langley	40-01.00
11 Tiemeni, Carlex	Chantilly	39-05.50
12 Wilkinson, Connor	Battlefield	39-01.50
13 Clark, Jason	Chantilly	38-02.00
14 Assel, Brock	Centreville	37-10.00
15 Gross, Garin	Osborn Park	37-08.50
16 Hiep, Thomas	Oakton	37-00.00
17 Curley, John	Battlefield	36-07.00
18 Macon, Darby	Westfield	35-09.00
19 Cintorino, Lucas E	George C. Ma	35-02.50

Event 11 Women 4x800 Meter Relay (10)

Meet Rec: 9:23.30 2/21/1998 Thomas Jefferson H.S.

A. Hall, A. Slade, K. Otstott, N. Snider

Team	Relay	Seed Time
1 Oakton	A	9:53.65
	1) Vasquez, Bryanna	2) Buttrey, Kira
	3) Green, Rachel	4) Odom, Mandy
2 Chantilly	A	9:54.69
	1) Wigle, Kayla	2) Carter-ogden, Ruby
	3) Lefrancois, Olivia	4) Re, Nicole
3 Patriot High	A	9:58.96
	1) Yentz, Hailey	2) Weaver, Ella
	3) Burrell, Elizabeth	4) Birge, Madison
4 James Madiso	A	9:59.01
	1) Hetherington, Sarah	2) Leak, Merrill
	3) Keady, Megan	4) Wu, Elizabeth
5 George C. Ma	A	9:59.47
	1) Bir, Grace E	2) Epstein, Elizabeth
	3) Holt, Ashley	4) Smith, Lena G
6 Langley	A	10:00.07
	1) Snyder, Maya	2) Spear, Anna
	3) Fowler, Lilly	4) Kuligowski, Courtney
7 South Lakes	A	10:01.65
	1) Matthews, Beth	2) McGrath, Emily
	3) Tobias, Reagan	

8 Washington-L	A	10:08.61
	1) Flynn, Julia	2) Reppert, Margaux
	3) Smiedala, Maggie	4) Gerson, Jennifer
9 Osborn Park	A	10:35.36
	1) Schnetzler, Waverly	2) Pagel, Campbell
	3) Gibb, Casey	4) Sheehy, Grace
10 Battlefield	A	10:36.97
	1) Powell, Tori	2) Thorpe, Madison
	3) Schmall, Emily	4) Ginger, Kenzie

Event 12 Men 4x800 Meter Relay (11)

Meet Rec: 7:53.22 2/28/2004 Westfield High

C Courson, C Black, J Scheiner, D Groff

Team	Relay	Seed Time
1 South Lakes	A	8:11.93
	1) Gryski, Nicholas	
2 Patriot High	A	8:15.93
	1) Hamacher, Ryan	2) Drake, Ashton
	3) Polhamus, Liam	4) Wosahla, Adam
3 Oakton	A	8:18.48
	1) Banerji, Lucas	2) Morales, Daniel
	3) Sullivan, Scott	4) Mudge, Jared
4 Westfield	A	8:24.85
	1) Howard, Cameron	2) Barron, David
	3) Moses, Justin	4) Joiner, Mason
5 Battlefield	A	8:26.02
	1) Hastings, Zach	2) Morris, Joseph
	3) Shaffer, Zachary	4) Wagner, Jack
6 George C. Ma	A	8:27.63
	1) Kennedy, Sanchir T	2) Blackwell, William
	3) Church, Oliver F	4) Lagendyk, Marco
7 Herndon	A	8:30.70
8 Chantilly	A	8:36.26
	1) Cyr, Wyatt	2) Amare, Nako
	3) Shay, Harrison	4) Amos, Tyler
9 Osborn Park	A	8:38.51
	1) Freeman, Lewis	2) Torres, Luis
	3) Blaes, Michael	4) Petscavage, Kenneth
10 McLean	A	8:50.30
	1) McHugo, James	2) Hunter, Bennett
	3) Kong, Caleb	4) Leggett, Keenan
11 James Madiso	A	8:51.83
	1) Murphy, Kevin	2) Eggers, William
	3) Hakeem, Yousif	4) McIntyre, Thomas

Event 13 Women 55 Meter Hurdles (19) Prelims

Meet Rec: 7.98 2/26/2000 Alyssa Aiken

Name	School	Seed Time
1 Tvedt, JaneAnne	McLean	8.74
2 Dirkse, Michelle G	George C. Ma	8.75
3 Stewart, Rebecca	Washington-L	9.03
4 Brookman-Amisshah, Denise	Patriot High	9.43
5 Barbero, Marissa	Chantilly	9.44
6 Seuferer, Nicole	Patriot High	9.54
7 Soumahro, Jenay	Chantilly	9.56

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Event 13 ... (Women 55 Meter Hurdles (19) Prelims)

Name	School	Seed Time
8 Ramey, Abigail	James Madiso	9.57
9 Hunt, Hannah	Oakton	9.60
10 Jones, Kayla	Battlefield	9.60
11 Pardo, Alana	South Lakes	9.65
12 Eaton, Amaya	Chantilly	9.69
13 Vinter, Caroline	Centreville	9.94
14 Maltbie, Jessica	Patriot High	9.94
15 Liacopolous, Dina	Yorktown	9.94
16 Schwab, Grace	Patriot High	9.94
17 Glenn, Kamryn	Patriot High	10.04
18 Wen, Amy	Langley	10.11
19 Hecker, Maddy	McLean	10.12

Event 14 Men 55 Meter Hurdles (19) Prelims

Meet Rec:	7.24 2/26/2000	Rickey Harris
Name	School	Seed Time
1 Wilson, Matthew	Patriot High	7.73
2 Wilson, Marcus	Patriot High	7.88
3 Forbes, Nathan	Battlefield	7.93
4 Otwell, Jackson	Battlefield	8.14
5 Edgington, Cameron	Langley	8.21
6 Tsai, Eric	Chantilly	8.34
7 Phillips, Noah	Westfield	8.37
8 Schlier, Eric C	George C. Ma	8.41
9 Marcelle, Jahmia	Patriot High	8.44
10 Carlisle, Geoffrey	Battlefield	8.51
11 Anderson, Paul	Centreville	8.62
12 McKnight, Matthew	Washington-L	8.94
13 Kumi-darfour, Kojo	South Lakes	9.03
14 Reiser, Jordan	Centreville	9.10
15 Knight, Jacob	Yorktown	9.11
16 Pepin, Connor	James Madiso	9.22
17 Bookbinder, Alexander	Yorktown	9.23
18 Nzamba, Caelan	South Lakes	9.23
19 Koroma, Bakai	Centreville	9.94

Event 15 Women 55 Meter Dash (18) Prelims

Meet Rec:	6.96 2/26/2000	Alyssa Aiken
Name	School	Seed Time
1 Waller, Hannah	South Lakes	6.94
2 McGill, Olivia	Battlefield	7.16
3 Jones, Inaya	Westfield	7.40
4 Smith, Lauren	Osborn Park	7.55
5 James, Nia	Centreville	7.55
6 Mullings, Juvianadean	Oakton	7.57
7 Brookover, Lucy	Washington-L	7.57
8 Konadu, Rhema	South Lakes	7.59
9 Brown, Kelsey	Battlefield	7.60
10 Romer, Alyssa	James Madiso	7.63
11 Buck, Laurel	Chantilly	7.63
12 Coleman, Emma	James Madiso	7.64
13 McQuillan, Abby	Battlefield	7.64
14 Stirling, Lindsey	McLean	7.65

15 Dirkse, Michelle G	George C. Ma	7.66
16 Johnson, Alyse	Herndon	7.69
17 Hamilton, Khristen A	George C. Ma	7.71
18 Smith, Alyssa	South Lakes	7.77

Event 16 Men 55 Meter Dash (21) Prelims

Meet Rec:	6.25 2/18/2016	Josephus Lyles
Name	School	Seed Time
1 Casey, Aman	Battlefield	6.44
2 Shabazz-Williams, Khalid	Stonewall Ja	6.54
3 Billak, Caden	Centreville	6.56
4 Tsai, Eric	Chantilly	6.64
5 Chalmers, Chayce	Stonewall Ja	6.64
6 Biendl, Cameron	Patriot High	6.64
7 Ream, Patrick	Battlefield	6.64
8 Shadkhoo, Alexander	Westfield	6.65
9 Jones, Stephen	South Lakes	6.67
10 Cheng, Kevin	Langley	6.68
11 Zieleniewski, Kevin	Battlefield	6.69
12 Ray, Elliot	Herndon	6.71
13 Walker, Trevor	Battlefield	6.73
14 Luy, Justin	Chantilly	6.74
15 Braswell, Brandon	Langley	6.76
16 Palmer, Aaron	James Madiso	6.79
17 Williams, Daequan	Centreville	6.82
18 Perrin, Paris	Osborn	6.84
19 Ahmed, Hanan	Herndon	6.86
20 McBride, Liam	Washington-L	6.86
21 Talavera, Tyler	Patriot High	6.94

Event 17 Women 4x200 Meter Relay (11)

Meet Rec:	1:44.30 1986	Lake Braddock H.S.
D. Boone, C. McCormick, A. Hicks, A. Griffith		
Team	Relay	Seed Time
1 South Lakes	A	1:43.91
2 Westfield	A	1:46.65
1) Jones, Inaya	2) Beckner, Olivia	
3) Seetoo, Emma	4) Walker, Fredericka	
3 Osborn Park	A	1:46.71
1) Ogawa, Megan	2) Smith, Lauren	
3) Banks, Sydney	4) Reynolds, Skyler	
4 Battlefield	A	1:47.12
1) Brown, Kelsey	2) McGill, Olivia	
3) Wooten, Maya	4) Henry, Nazareth	
5 Chantilly	A	1:47.95
1) Buck, Laurel	2) Lefrancois, Olivia	
3) Conroy, Miranda	4) Bacon, Cecelia	
6 Patriot High	A	1:50.51
1) Demby, Justice	2) Glenn, Kamryn	
3) Maltbie, Jessica	4) Chisolm, Chelsea	
7 George C. Ma	A	1:50.71
1) Dirkse, Michelle G	2) Hamilton, Khristen A	
3) Jones-Suggs, Makayla R	4) Lee, Anabelle R	

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Team	Relay	Seed Time
8 James Madiso	A	1:51.24
1) Coleman, Emma	2) Romer, Alyssa	
3) Choutka, Olivia	4) Ramey, Abigail	
9 Oakton	A	1:51.86
1) Mullings, Juvianadean	2) Hunt, Hannah	
3) Bram, Mason	4) Khurana, Saachi	
10 Washington-L	A	1:52.27
1) Brown, Belle	2) Brookover, Lucy	
3) Walker, Juliana	4) Kula Mcgough, Ro	
11 McLean	A	1:53.08
1) Stirling, Lindsey	2) Anderson, Maddy	
3) Deeken, Genevieve	4) Dimmick, Abby	

Event 18 Men 4x200 Meter Relay (10)

Team	Relay	Seed Time
Meet Rec: 1:30.43 1993 T.C. Williams H.S.		
C. Samuels, A. Holley, B. Drummond, D. King		
1 Battlefield	A	1:31.11
1) Waller, Kaden	2) Casey, Aman	
3) Washington, Jordan	4) Beckett, Galen	
2 Westfield	A	1:32.74
1) Shadhkoo, Alexander	2) Howard, Cameron	
3) Walker, Fred	4) Akines, Elijah	
3 South Lakes	A	1:33.01
1) Ndiaye, Pape	2) Smith, Aidan	
3) Srayi, Otman		
4 Osborn	A	1:34.39
1) Perrin, Paris	2) Garcia Lopez, Jonathan	
3) Morales, Javier	4) Jones, Warren	
5 Centreville	A	1:35.43
1) Koroma, Abdul	2) Heiyne, Derek	
3) Williams, Daequan	4) Billak, Caden	
6 Osborn Park	A	1:36.08
1) Waheed, Meelod	2) Homere, David	
3) Salas, Rodrigo	4) Corrielus, Terrence	
7 Chantilly	A	1:36.36
1) Brown, Davonte	2) Asghar, Saeed	
3) Saben, Clark	4) Mason, Adam	
8 Langley	A	1:37.14
1) Braswell, Brandon	2) Cheng, Kevin	
3) Edgington, Cameron	4) Jamal, Kareem	
9 James Madiso	A	1:39.44
1) Palmer, Aaron	2) Bateman, Nicholas	
3) Dornfeld, Joshua	4) Morgan, Eric	
10 Washington-L	A	1:39.57
1) McBride, Liam	2) Biggs, Nick	
3) McKnight, Matthew	4) La Piana, Jay	

Event 19 Women 1600 Meter Run (19)

Name	School	Seed Time
Meet Rec: 4:50.18 2/18/2016 Kate Murphy		
1 Gulgert, Isabelle	South Lakes	5:04.61
2 Yentz, Lindsay	Patriot High	5:05.50

3 Spear, Anna	Langley	5:14.69
4 Howley, Caroline	McLean	5:16.69
5 Green, Rachel	Oakton	5:17.53
6 Tedesco, Sophie E	George C. Ma	5:18.29
7 Wu, Elizabeth	James Madiso	5:19.17
8 Birge, Madison	Patriot High	5:20.23
9 Lebert, Katya	Oakton	5:21.98
10 Schnetzler, Waverly	Osborn Park	5:25.36
11 Keady, Megan	James Madiso	5:25.80
12 Katz, Gaby	Oakton	5:26.81
13 Wigle, Kayla	Chantilly	5:31.49
14 Morris, Caitlyn	South Lakes	5:32.47
15 Helfrich, Kaitlyn	McLean	5:36.52
16 Yentz, Hailey	Patriot High	5:38.82
17 Agostini, Kaitlyn	Stonewall Ja	5:47.36
18 Pagel, Campbell	Osborn Park	5:49.30
19 Smith, Lena G	George C. Ma	5:59.95

Event 20 Men 1600 Meter Run (14)

Name	School	Seed Time
Meet Rec: 4:07.02 2/26/2000 Alan Webb		
1 Loukili, Alex	South Lakes	4:24.59
2 Casey, Sean	South Lakes	4:25.21
3 Smith, Benjamin S.	George C. Ma	4:31.00
4 McCauley, Colin	Herndon	4:31.85
5 Jackson, Jonny	Washington-L	4:32.55
6 Blaes, Michael	Osborn Park	4:34.82
7 Umanzor, Jackson	Stonewall Ja	4:35.09
8 LaCava, Mason	Stonewall Ja	4:37.95
9 Hamacher, Ryan	Patriot High	4:38.22
10 Nowak, Zach	Osborn	4:39.80
11 Amos, Tyler	Chantilly	4:40.14
12 Walker, Owen	South Lakes	4:40.54
13 Wagner, Jack	Battlefield	4:42.71
14 Khatri, Robin	Centreville	4:42.90

Event 21 Women 500 Meter Dash (19)

Name	School	Seed Time
Meet Rec: 1:13.79 1987 Kendyl Baugh		
1 Gregory, Mary	South Lakes	1:16.79
2 Duston, Olivia	Herndon	1:17.34
3 Samrhouni, Abla	Herndon	1:18.65
4 Seetoo, Emma	Westfield	1:18.99
5 Powell, Tori	Battlefield	1:19.08
6 Weaver, Ella	Patriot High	1:19.27
7 Snyder, Maya	Langley	1:20.01
8 Bir, Grace E	George C. Ma	1:20.30
9 Epstein, Elizabeth	George C. Ma	1:21.25
10 Treacy, Lauren	Langley	1:21.48
11 Rayle, Aly	South Lakes	1:21.64
12 Wooten, Maya	Battlefield	1:22.30
13 Walker, Fredericka	Westfield	1:22.74
14 Carter-ogden, Nyla	Chantilly	1:23.08
15 Henry, Nazareth	Battlefield	1:23.44
16 Carter-ogden, Ruby	Chantilly	1:23.69

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Event 21 ... (Women 500 Meter Dash (19))

Name	School	Seed Time
17 Vasquez, Bryanna	Oakton	1:23.75
18 York, Alexandra	Osborn Park	1:25.78
19 Wingate, Ashleigh	Battlefield	1:26.40

Event 22 Men 500 Meter Dash (14)

Meet Rec: 1:03.45 2/24/2007 Sean Holston			
Name	School	Seed Time	
1 Speeney, Michael	Patriot High	1:06.00	
2 Hastings, Zach	Battlefield	1:07.00	
3 Wallace, Alex	South Lakes	1:07.18	
4 Eggeman, John	South Lakes	1:07.48	
5 Freeman, Lewis	Osborn Park	1:08.41	
6 Torres, Luis	Osborn Park	1:08.70	
7 Duran Díaz, Jonathan	Chantilly	1:09.79	
8 Kennedy, Sanchir T	George C. Ma	1:10.30	
9 Maravilla, Christian	Centreville	1:10.63	
10 Ramirez, David	South Lakes	1:11.11	
11 La Piana, Jay	Washington-L	1:11.22	
12 Keeley, Sean	Yorktown	1:11.23	
13 Yee, Jordii	Yorktown	1:11.66	
14 Banerji, Lucas	Oakton	1:11.90	

Event 23 Women 1000 Meter Run (18)

Meet Rec: 2:52.41 2/24/2001 Kelley Otstott			
Name	School	Seed Time	
1 Re, Nicole	Chantilly	3:01.66	
2 Duston, Olivia	Herndon	3:01.73	
3 Leak, Merrill	James Madiso	3:04.17	
4 Buttrey, Kira	Oakton	3:05.34	
5 Samrhouni, Abla	Herndon	3:06.44	
6 Green, Rachel	Oakton	3:06.97	
7 Holt, Ashley	George C. Ma	3:08.67	
8 Spear, Anna	Langley	3:09.14	
9 Birge, Madison	Patriot High	3:09.76	
10 Odum, Mandy	Oakton	3:10.52	
11 Hetherington, Sarah	James Madiso	3:11.18	
12 Lannen, Emily	South Lakes	3:11.46	
13 Gerson, Jennifer	Washington-L	3:12.89	
14 Schnetzler, Waverly	Osborn Park	3:13.62	
15 Burrell, Elizabeth	Patriot High	3:15.20	
16 Luther, Kelsey	Stonewall Ja	3:15.94	
17 Ginger, Kenzie	Battlefield	3:20.29	
18 Thorpe, Madison	Battlefield	3:22.70	

Event 24 Men 1000 Meter Run (16)

Meet Rec: 2:25.81 2/18/2016 Brandon McGorty			
Name	School	Seed Time	
1 Casey, Sean	South Lakes	2:33.29	
2 Loukili, Alex	South Lakes	2:33.29	
3 Shuttleworth, Bowen	Yorktown	2:36.67	
4 Shuttleworth, Reece	Yorktown	2:37.47	
5 Wosahla, Adam	Patriot High	2:38.34	
6 Barron, David	Westfield	2:38.69	

7 Smith, Benjamin S.	George C. Ma	2:40.15
8 Moses, Justin	Westfield	2:41.33
9 Morales, Daniel	Oakton	2:41.54
10 Umanzor, Jackson	Stonewall Ja	2:43.70
11 Morris, Joseph	Battlefield	2:43.83
12 Warstler, Calvin	South Lakes	2:44.32
13 Delmolino, Peter	South Lakes	2:44.67
14 Monson, James	Chantilly	2:45.22
15 LaCava, Mason	Stonewall Ja	2:45.60
16 Shaffer, Zachary	Battlefield	2:47.40

Event 25 Women 300 Meter Dash (16)

Meet Rec: 38.89 2/26/2000 Alyssa Aiken			
Name	School	Seed Time	
1 Waller, Hannah	South Lakes	38.74	
2 Gregory, Mary	South Lakes	41.25	
3 Jones, Inaya	Westfield	41.71	
4 Seetoo, Emma	Westfield	41.83	
5 Bacon, Cecelia	Chantilly	42.43	
6 Stewart, Rebecca	Washington-L	42.88	
7 Post, Nicole	South Lakes	43.21	
8 Jones-Suggs, Makayla R	George C. Ma	43.39	
9 Brookman-Amisshah, Denise	Patriot High	43.40	
10 Choutka, Olivia	James Madiso	43.44	
11 Demby, Justice	Patriot High	43.58	
12 Beckner, Olivia	Westfield	44.32	
13 Brinkley, Lindsey	Langley	44.33	
14 Treacy, Lauren	Langley	44.39	
15 Lee, Anabelle R	George C. Ma	44.98	
16 Stewart, Jasmine	Osborn Park	45.00	

Event 26 Men 300 Meter Dash (20)

Meet Rec: 34.37 2/18/2016 Noah Lyles			
Name	School	Seed Time	
1 Shadkhoo, Alexander	Westfield	34.84	
2 Howard, Cameron	Westfield	35.13	
3 Wilson, Matthew	Patriot High	35.88	
4 Ream, Patrick	Battlefield	36.11	
5 Chalmers, Chayce	Stonewall Ja	36.16	
6 Billak, Caden	Centreville	36.23	
7 Kaid, Marcel	Stonewall Ja	36.34	
8 Jones, Warren	Osborn	36.44	
9 Beckett, Galen	Battlefield	36.62	
10 Shabazz-Williams, Khalid	Stonewall Ja	36.72	
11 Jackson, Wilson	Battlefield	36.73	
12 Wallace, Alex	South Lakes	36.82	
13 Garcia Lopez, Jonathan	Osborn	36.97	
14 Eggeman, John	South Lakes	36.99	
15 Braswell, Brandon	Langley	37.21	
16 Walker, Fred	Westfield	37.59	
17 Frutchey, Carson	South Lakes	37.69	
18 Ali-musa, Tijani	South Lakes	38.07	
19 Mason, Adam	Chantilly	38.15	
20 Schlier, Eric C	George C. Ma	38.74	

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Event 27 Women 3200 Meter Run (20)

Meet Rec: 9:57.83 1987		Erin Keough	
Name	School	Seed	Time
1	Yentz, Lindsay	Patriot High	11:15.12
2	Wu, Elizabeth	James Madiso	11:16.63
3	Howley, Caroline	McLean	11:20.74
4	Gulgert, Isabelle	South Lakes	11:31.48
5	Tedesco, Sophie E	George C. Ma	11:33.03
6	Holt, Ashley	George C. Ma	11:38.24
7	Moffitt, Joanna	Oakton	11:40.57
8	Lebert, Katya	Oakton	11:44.24
9	Shoemaker, Rachel	James Madiso	11:46.64
10	Sprague, Elaina	James Madiso	11:47.07
11	Luther, Kelsey	Stonewall Ja	12:10.42
12	Banga, Marissa	South Lakes	12:11.00
13	Fowler, Lilly	Langley	12:11.74
14	Smith-Perry, Eva	Washington-L	12:13.47
15	Yentz, Hailey	Patriot High	12:16.93
16	Gibb, Casey	Osborn Park	12:17.03
17	Valcich, Michelle	Patriot High	12:17.04
18	Sheehy, Grace	Osborn Park	12:23.18
19	Harpel, Anna	Washington-L	12:25.16
20	McCarthy, Sydney	George C. Ma	12:33.93

Event 28 Men 3200 Meter Run (15)

Meet Rec: 9:13.21 2/24/2007		Mike Spooner	
Name	School	Seed	Time
1	Joiner, Mason	Westfield	9:44.99
2	Murphy, Kevin	James Madiso	9:47.52
3	Lebahn, Sam	Westfield	9:49.12
4	Hanfi, Liban	Herndon	9:53.33
5	Sriver, Justin	Patriot High	9:54.51
6	Zulauf, Chamberlain	James Madiso	9:56.53
7	Sullivan, Scott	Oakton	9:58.48
8	Hamacher, Ryan	Patriot High	10:00.49
9	Jackson, Jonny	Washington-L	10:01.77
10	Puhek, Joshua	Chantilly	10:06.84
11	Wagner, Jack	Battlefield	10:14.46
12	McHugo, James	McLean	10:16.69
13	Hewitt, Alex	Battlefield	10:19.89
14	Hamacher, Jacob	Patriot High	10:20.30
15	Kennedy, David	Battlefield	10:25.20

Event 29 Women 4x400 Meter Relay (10)

Meet Rec: 3:58.31 2/24/2001		Lake Braddock.	
Team	Relay	Seed	Time
1	South Lakes	A	4:00.28
2	Herndon	A	4:02.58
3	Chantilly	A	4:05.76
	1) Carter-ogden, Nyla	2) Lefrancois, Olivia	
	3) Re, Nicole	4) Bacon, Cecelia	
4	Battlefield	A	4:09.73
	1) Brown, Kelsey	2) Powell, Tori	
	3) Henry, Nazareth	4) Wooten, Maya	

5	Washington-L	A	4:11.89
	1) Brown, Belle	2) Stewart, Rebecca	
	3) Tinsley, Yasmeen	4) Kula Mcgough, Ro	
6	Oakton	A	4:15.67
	1) Vasquez, Bryanna	2) Buttrey, Kira	
	3) Odom, Mandy	4) Bram, Mason	
7	George C. Ma	A	4:16.01
	1) Hamilton, Kristen A	2) Jones-Suggs, Makayla R	
	3) Lee, Anabelle R	4) Bir, Grace E	
8	Osborn Park	A	4:16.74
	1) Ogawa, Megan	2) Reynolds, Skyler	
	3) El, Yasmine	4) York, Alexandra	
9	Patriot High	A	4:20.19
	1) Burrell, Elizabeth	2) Brookman-Amisssah, Denise	
	3) Demby, Justice	4) Weaver, Ella	
10	James Madiso	A	4:25.33
	1) Choutka, Olivia	2) Leak, Merrill	
	3) Keady, Megan	4) Ramey, Abigail	

Event 30 Men 4x400 Meter Relay (10)

Meet Rec: 3:24.52 2/22/2003		Westfield High	
P Tondereau, A Tondereau, C Courson, C Black			
Team	Relay	Seed	Time
1	South Lakes	A	3:28.64
2	Patriot High	A	3:32.35
	1) Wilson, Matthew	2) Wosahla, Adam	
	3) Biendl, Cameron	4) Speeney, Michael	
3	Stonewall Ja	A	3:32.78
	1) Chalmers, Chayce	2) Umanzor, Jackson	
	3) Kaid, Marcel	4) Shabazz-Williams, Khalid	
4	Battlefield	A	3:34.20
	1) Jackson, Wilson	2) Hastings, Zach	
	3) Washington, Jordan	4) Beckett, Galen	
5	Osborn Park	A	3:34.57
	1) Torres, Luis	2) Corrielus, Terrence	
	3) Waheed, Meelod	4) Freeman, Lewis	
6	Washington-L	A	3:36.26
	1) McBride, Liam	2) Dunn, Brendan	
	3) Jackson, Jonny	4) La Piana, Jay	
7	Yorktown	A	3:36.31
	1) Keeley, Sean	2) Yee, Jordii	
	3) Shuttleworth, Bowen	4) Shuttleworth, Reece	
8	Chantilly	A	3:38.04
	1) Saben, Clark	2) Asghar, Saeed	
	3) Mason, Adam	4) Duranâ€¦diaz, Jonathan	
9	Oakton	A	3:39.56
	1) Banerji, Lucas	2) Morales, Daniel	
	3) Bernhard, Zach	4) Hirani, Rohan	
10	Westfield	A	3:42.09
	1) Ferdinand, Zachary	2) Fahmy, Daniel	
	3) Lee, David	4) Mansapit, Donovan	